

## 2023 Taekwondo International Exchange Program

Dear Taekwondo Students and Families:

On behalf of Oregon State Taekwondo Foundation, I would like to cordially invite you to join us on a once-in-a-lifetime foreign exchange journey to South Korea. The 2023 Taekwondo International Exchange Camp program is open to all Taekwondo students, instructors, Masters, and their families. The 2023 iconic Summer Taekwondo Exchange program is created to allow our members and families the opportunity to participate in memorable Taekwondo experiences like no other. Your adventure will include staying at Chosun University in Gwangju, exclusive training sessions with world renowned Taekwondo Masters, as well as cultural experience itineraries. Additional special touring excursions are also available for non-martial artists and families for further exploration. I welcome you to join us from July 16<sup>th</sup> through July 23<sup>rd</sup> and embark on this exciting world class journey!

Sincerely,  
Chief Master Rick W. Shin  
President, Oregon State Taekwondo Foundation

## Contact Us

Oregon State Taekwondo Foundation

Phone: 503-772-8000

Email: [uswc888@gmail.com](mailto:uswc888@gmail.com)

[www.USWCTKD.com](http://www.USWCTKD.com) / [www.OregonTKD.org](http://www.OregonTKD.org)

**Children under age 13 must be accompanied by at least 1 adult chaperone, parent, or guardian.**



**Join Us on a Once-In-A-Lifetime  
Journey to South Korea!**

# TAEKWONDO INTERNATIONAL EXCHANGE CAMP KOREA 2023



**JULY 16 – JULY 23, 2023**

Hosted by Oregon State Taekwondo Foundation  
[www.TKDREGON.org](http://www.TKDREGON.org)

# Exchange Program Overview

## CAMP COSTS (7 nights 8 days itinerary):



- \$1,350 per person (reserved by 03/31/2023)
    - Full payment due at registration
  - \$1,550 per person (04/1 to 06/15/2023)
    - Full payment due at registration
- No Refund. Cancellation will result in full credit for future Korean Exchange Program.*

## WHAT IS INCLUDED IN TKD CAMP COSTS?



*\* Prices are based on double occupancy. Please contact us for single occupancy supplemental charges.*

- All ground transportation
- All meals, water & tea during meals
- English speaking camp guides & instructors
- Admission to Waterpark, Sightseeing Tours & Tournament on itinerary
- Taekwondo training by world renowned Taekwondo Masters (4 full-day training)
- Cultural & Exchange experiences
- Travel Medical Insurance
- Exclusive program t-shirt & souvenirs

## WHAT IS NOT INCLUDED IN TOUR COSTS?



- Roundtrip airfare to/from ICN (Incheon International Airport, South Korea)
- Beverages other than water and tea
- Room/Airfare upgrades
- Shopping, snacks
- Optional excursions for parents/guardians
- Cell phone rental in Korea, if desired

VISA is ***not required*** for U.S. Passport holders. Non-U.S. Passport holders must verify VISA requirements with the Korean Consulate General.

### Day 1, SUNDAY – July 16, 2023

Arrival at ICN (Incheon International Airport)  
Private transportation from ICN to Chosun University  
Registration and accommodation check-in.  
Dinner

### Day 2, MONDAY – July 17, 2023

Morning Taekwondo Group Activities  
Afternoon Taekwondo Theme Training & Group Activities  
Optional excursion tour for non-Taekwondo participants

Breakfast, Lunch, Dinner & Opening Ceremony

### Day 3, TUESDAY – July 18, 2023

Morning Taekwondo Group Activities  
Afternoon Taekwondo Theme Training & Group Activities  
Optional excursion tour for non-Taekwondo participants  
Breakfast, Lunch, Dinner

### Day 4, WEDNESDAY – July 19, 2023

Morning Taekwondo Group Activities  
Afternoon Taekwondo Theme Training & Group Activities  
Optional excursion tour for non-Taekwondo participants  
Breakfast, Lunch, Dinner

### Day 5, THURSDAY – July 20, 2023

Morning Taekwondo Group Activities  
Afternoon Taekwondo Theme Training & Group Activities  
Optional excursion tour for non-Taekwondo participants  
Breakfast, Lunch, Dinner

### Day 6, FRIDAY – July 21, 2023

Waterpark & Sightseeing Tours  
Breakfast, Lunch, Dinner

### Day 7, SATURDAY – July 22, 2023

Gwangju Open TKD Poomsae Championships (Optional)  
Closing Ceremony  
Breakfast, Lunch, Dinner

### Day 8, SUNDAY – July 23, 2023

Chosun University Checkout  
Private transfer to ICN (Incheon International Airport).  
Breakfast

*All itineraries are subject to changes without prior notice.*